



Penn Medicine

TRAVEL MEDICINE

PROGRAM

COMPREHENSIVE HEALTH SERVICES



Department of Medicine – Infectious Diseases Division

ABOUT PENN TRAVEL MEDICINE

Penn Travel Medicine has an outstanding history of providing health and safety resources to international travelers. Founded in 1978 and headed by physicians with degrees in travel medicine and tropical diseases, Penn Travel Medicine has grown into the largest, most comprehensive travel medicine center in the Greater Philadelphia area.

Backed by the renowned medical and diagnostic resources of Penn Medicine and by recommendations from the Center for Disease Control and the World Health Organization, Penn Travel Medicine provides expert consultations on travel health and safety.

With offices at Hospital of the University of Pennsylvania, Penn Medicine Radnor, and Penn Medicine Bucks County, there is a Penn Travel Medicine center close to your business, home or school. Video visits and consultations are also available.

COMPREHENSIVE HEALTH RESOURCES FOR TRAVELERS

You can now reduce your risk when planning an international trip. Make health protection part of your plan with Penn Travel Medicine. Our staff can assist you before, during and after travel.

OUR CLIENTS INCLUDE:

- Corporate and business travelers
- Leisure and adventure travelers
- Travelers visiting friends and relatives, especially those returning home to a developing nation
- Media and film professionals
- Researchers, technicians and teachers working in the field, university or school, including family genealogy research
- Missionaries and volunteers
- Health care providers and public safety personnel, especially those working in developing nations or areas with high health risks
- Students traveling, volunteering or studying abroad
- Groups of travelers
- Children
- Travelers with special needs



PRE-TRAVEL CONSULTATION

We strongly encourage you to bring your full itinerary and Passport to this visit.

- Review of requirements imposed by your destination country
- Review of the United States Center for Disease Control (CDC) recommendations for your destination
- Selection and administration of vaccines
- Official immunization record for your travel documents
- Review of medications, products and procedures:

- Prevention & treatment of traveler's diarrhea
- Prevention and treatment of malaria
- Oral rehydration
- Insect repellents
- Jet lag
- Motion sickness
- High altitude
- Other specialized travel health issues

- Travel-related prescriptions
- Advice on traveling with pre-existing health conditions
- Advice on protective clothing
- Advice on safe foods and food preparation
- The most current information on health risks for your destination
- Contacts with organizations that can assist you if you become ill or are injured while traveling
- Review of health and evacuation insurances that provide international coverage
- Web sites such as the CDC (www.cdc.gov) that can give you traveler's health information

PROTECTING YOURSELF

Penn Travel Medicine recommends purchasing international medical and evacuation insurance. If you need medical assistance while traveling, the insurance company can locate physicians, dentists and hospitals, and cover the cost of approved medical services. In the case of serious injury or illness, if you must return to the U.S. or travel to a major medical center, the evacuation insurance will cover transport costs.

**The Pennsylvania Department of Health
has designated Penn Travel Medicine as a
Yellow Fever Vaccine Center.**

ABOUT INTERNATIONAL TRAVEL

- I have just made my international travel plans. How soon do I need an appointment for vaccinations?
- Does my health insurance cover the cost of travel medicine services?
- Some vaccines are required for my destination. Others are recommended. What is the difference?
- Does my health insurance cover emergency medical expenses outside of the United States?
- I want to protect my health and safety while traveling overseas. Where can I find more information?

POST-TRAVEL

CONSULTATION & REFERRAL

Any illness or symptom occurring within six months after international travel, especially to a developing nation, should be evaluated. Penn Travel Medicine can refer you to an appropriate specialist, if needed. Post-travel symptoms that may suggest a travel-related illness:

- Nausea, vomiting, abdominal pain
- Diarrhea, bloody stools
- Bloody urine
- Fever, sweats, chills
- Flu-like aches, headaches
- Unusual weight loss
- Rashes
- Bites or wounds that do not heal

VACCINES

Call Penn Travel Medicine as soon as you know where you are traveling. A typical timeline includes making your initial visit at least six weeks before a short trip and at least eight weeks before a longer trip. Some vaccines are administered in a series. You will need time to complete the series and develop full protection.

If your trip is sooner than six weeks, make an appointment immediately. Penn Travel Medicine will utilize all available resources to prepare you. **We offer all vaccinations including:**

- Cholera*
- Hepatitis A
- Hepatitis B
- Influenza
- Japanese Encephalitis
- Measles, Mumps, Rubella (MMR)
- Meningitis
- Polio
- Rabies
- Shingles
- Tetanus/Diphtheria/ Pertussis (Tdap)
- Typhoid
- Varicella (Chickenpox)
- Yellow Fever

Penn Travel Medicine can also administer small pox and anthrax vaccines to government-approved personnel. Vaccines for non-travelers include:

- Camps and schools
- Exposure to blood-borne pathogens
- Immigration and naturalization

*This vaccine must be ordered and paid for in advance. There will be no refunds.

Special flu clinics are held at satellite offices or can be scheduled on-site at your business

VIP and group consultations are available upon request.

Penn Travel Medicine
Call to Schedule an Appointment **610.902.5618**

Comprehensive Health Resources for Travelers
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CONVENIENT LOCATIONS:



Penn Medicine Radnor*

145 King of Prussia Road,
Suite 205 South
Radnor, PA 19087



Perelman Center for Advanced Medicine (PCAM)

3400 Civic Center Blvd., South Pavilion, 4th Floor,
Infectious Medicine and Travel Program Clinic
Philadelphia, PA 19104



Penn Medicine Bucks County*

777 Township Line Rd., Suite 200
Yardley, PA 19067

***Free parking at the Radnor and Yardley sites**

PAYMENT

Payment for consultation made at time of scheduling. Additional charges for vaccine and/or products is due at time of service.

PENN TRAVEL MEDICINE & COMPREHENSIVE HEALTH RESOURCES FOR TRAVELERS

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